



Newark Board of Education

Ms. Carolyn Granato, Assistant Superintendent
Student Support Services – Specialized Schools

Where Passion Meets Progress
Mary Leigh Harvey, Director
Office of Student Support Services

Social Emotional Learning Curriculum Rethink Ed Scope and Sequence - Grades K-12

TIER 3

SEPTEMBER - Domain: Awareness of Self and Others

Week of:	Week 1 9/5-9/8	Week 2 9/11-9/15	Week 3 9/18-9/22	Week 4 9/25-9/29
Focus Area	Self-Knowledge		Growth Mindset	
Lesson Titles	Self-Knowledge K-2: What I Like 3-5: Likes and Dislikes 6-8: What Am I Good At? 9-12: Who Am I?	** Mental Health Reducing the Risk of Suicide Week of 9/6 is Suicide Prevention Week K- Feeling Hopeful 1-Hopeful Changes 2-Hopeful Helpers 3-Stories of Hope 4-Hopeful Goals 5-Spreading Hope 6-Suicide Facts 7-Suicide: Myth Busters 8-Suicide: Risk Factors 9-Risk Factors for Suicide 10-Suicide: Warning Signs 11-Suicide Stigmas 12-Evaluating Protective Strategies	Growth Mindset K-2: I Can Do That! 3-5: Join In! 6-8: Part of the Group 9-12: My New group	

OCTOBER - Domain: Awareness of Self and Others

Week of:	Week 5 10/2-10/6	Week 6 10/9-10/13	Week 7 10/16-10/20	Week 8 10/23-10/27
Focus Area	Values		Wants & Needs Prep for Hunger/Homeless Awareness Week	
Lesson Titles	** Social Skills Respect Week of Respect K-2: Mind Your Manners 3-5: Let's Be Honest 6-8: Respect 9-12: Respecting Authority	Values K-2: What We Like 3-5: We Like This But Not That 6-8: Family Culture 9-12: My Values	** Social Awareness Safe & Ethical Behavior Week of Safe Schools K-2: Classroom Rules 3-5: School Safety 6-8: No Bullying Zone 9-12: Keeping Safe	Wants and Needs K-2: Making Requests 3-5: Wants vs. Needs 6-8: Good Time to Ask 9-12: We Are Different



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NOVEMBER - Domain: Self-Management

Week of:	Week 9 10/30-11/3	Week 10 11/6-11/10	Week 11 11/13-11/16	Week 12&13 11/20-12/1
Focus Area	Goal Setting		Self-Control	
Lesson Titles	Goal Setting K-2: Follow the Pictures 3-5: Get Fit! 6-8: My Goal 9-13: Get SMART		** Social Awareness Empathy Week of 11/13 is National Hunger/Homeless Awareness K-2: Different Feelings 3-5: People Have Feelings 6-8: Different Perspectives 9-12: Showing Empathy	Self-Control K-2: Take 5 3-5: Tokens 6-8: Buy It 9-12: Savings

DECEMBER - Domain: Self-Management

Week of:	Week 14 12/4-12/8	Week 15 12/11-12/15	Week 16 12/18-12/22	Week 17 12/25-12/29
Focus Area	Problem Solving		Resilience	
Lesson Titles	Problem Solving K-2: What's Wrong? 3-5: Fix It 6-8: Problem Maps 9-12: What Will Work?		Resilience PK-2: First _____, Then _____ 3-5: More and More 6-8: Challenges 9-12: When Things Get Hard	NO SCHOOL Winter Break

JANUARY - Domain: Self-Management

Week of:	Week 18 1/1-1/5	Week 19 1/8-1/12	Week 20 1/15-1/19	Week 21 1/22-1/26	Week 22 1/29-2/2
Focus Area	Resilience (continued)	Stress Management		Focus	
Lesson Titles	Resilience K-2: First _____, Then _____ 3-5: More and More 6-8: Challenges 9-12: When Things Get Hard	Stress Management K-2: Be Happy 3-5: Feelings and Actions 6-8: Rethink It! 9-12: Calm, Cool, and Collected		Focus K-2: Stepping Up 3-5: Attention Please! 6-8: Am I Focused? 9-12: Distract Me Not	



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FEBRUARY – Domain: Social Awareness

Week of:	Week 23 2/5-2/9	Week 24 2/12-2/16	Week 25 2/19-2/23	Week 26 2/26-3/1
Focus Area	Social Contributions Can align with Black History		Support Systems Random Acts of Kindness Week	
Lesson Titles	Social Contributions K-2: Clean Up Time 3-5: My Classroom Job 6-8: Helping My School 9-12: Community Volunteer		Support Systems K-2: We Are Family 3-5: Help at School 6-8: With A Little Help From My Friends 9-12: It Takes a Village	

MARCH – Domain: Social Awareness

Week of:	Week 27 3/4-3/8	Week 28 3/11-3/15	Week 29 3/18-3/22	Week 30 3/25-3/29
Focus Area	Cultural Competence Can align with Women's History Month		Actions & Consequences	
Lesson Titles	K-2: People are People 3-5: My Family Culture 6-8: Cultural Differences 9-12: Culture Research		K-2: The Things You Do 3-5: Consequences 6-8: Good Choices 9-12: Paving the Path for Success	

APRIL – Domain: Social Skills (Relationship Skills)

Week of:	Week 31 4/1-4/5	Week 32 4/8-4/12	Week 33 4/15-4/19	Week 34 4/22-4/26
Focus Area	Friendship		Fairness	
Lesson Titles	NO SCHOOL Spring Break	Friendship K-2: Let's Play! 3-5: Common Interests 6-8: My Friends 9-12: Types of Friends	Fairness K-2: Sharing is Fun! 3-5: Be A Good Sport! 6-8: We All Have Rights 9-12: Fairness	



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MAY – Domain: Self-Care

Week of:	Week 35 4/29-5/3	Week 36 5/6-5/10	Week 37 5/13-5/17	Week 38 5/20-5/24
Focus Area	Self-Efficacy Aligns with Mental Health Awareness Month		Optimism Aligns with Mental Health Awareness Month	
Lesson Titles	Self-Efficacy K-2: I Can Do It! 3-5: You Can Learn To Do It Too! 6-8: One Step at a Time 9-12: Believe in Yourself!		Optimism K-2: Happy Thoughts 3-5: Find Something Good 6-8: Thankful 9-12: Yay Optimism!	

SEL Fall and Spring Student Check In Assignment and Administration Windows	
SEL Fall Check in Window September 11th, 2023 – October 31st, 2023 SEL Check In should be assigned and completed by all students who are able to complete the check in during this window.	SEL Spring Check in Window April 8th, 2023 – May 24th, 2023 SEL Check In should be assigned and completed by all students who are able to complete the check in during this window.
Directions on Assigning Check-In (Self-Assessment)	
How to Assign/Opt Out/View Assigned Students for SEL Student Survey: CLICK HERE	
SEL Student Lesson Implementation Guidelines	
SEL Lessons: Complete Professional Development Module for Focus Area before presenting student lesson. This can be found in My Training, in the SEL or Mental Health training series.	
Week One: <ul style="list-style-type: none"> Present students with the Learn Video to introduce the topic and follow up with discussion questions from the lesson plan. Present Practice Activity for Students and send <i>Home Connections</i> letter home. Home connections letters can be found in Spanish in My Resources. 	
Week Two: <ul style="list-style-type: none"> Present students with Dive Deeper Activities 	
Click here to access the educator getting started guide for platform functionality support: SY23-24 Educator Guide to Getting Started-SEL and MH 2023.pdf	
For additional support reach out to megan@rethinked.com or beth.gautier@rethinked.com	