



Roger León
Superintendent

NDAFW

National Drug & Alcohol
Facts Week

WHAT IS NDAFW?

National Drug and Alcohol Facts Week® (NDAFW), is an annual health observance, connecting youth with resources about drugs, alcohol, and related health topics.

MARCH 18-24, 2024

KAHOOTS FOR STUDENTS!

[National Drug & Alcohol IQ Challenge](#)

[Why are Drugs so Hard to Quit?](#)

[Coping with Stress](#)

RESOURCES FOR STAFF

[Lesson Plans and Activities](#)

[Classroom Resources on Drug Effects](#)

[Partnership For A Drug Free New Jersey](#)

RESOURCES FOR PARENTS

[Conversation Starters](#)

[What is Substance Abuse Treatment?](#)

IN THE NEWS...

The tobacco industry is using social media influencers to promote a new nicotine delivery system called Zyn, or lip pouches, targeting young people on platforms like TikTok. This trend is concerning due to potential health risks and marketing tactics. It's important to be aware of the dangers of Zyn and its impact on youth.

[Check out the article here!](#)

RETHINK LESSONS

ReThinkEd has a collection of grade-specific lessons for NDAFW.
To access them:

1. Log in to the ReThinkEd-Lesson Library
2. Select Mental Health from the Lesson Type tab
3. Choose the relevant grade level
4. Click on Substance Abuse Disorder under the Domain tab.

Each lesson has teacher/parent and student resources, to ensure that the learning continues outside the classroom.



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MORNING ANNOUNCEMENTS DRUG FACTS

Monday, March 18

Smoking marijuana can lead to many of the same health and breathing problems experienced by cigarette smokers. Marijuana may also be laced with dangerous substances such as cocaine, PCP, and formaldehyde, which can produce their own hazards.

Tuesday, March 19

Teens who start drinking when they are 15 are four times more likely to develop an alcohol addiction than those who wait until they are 21.

Wednesday, March 20

Alcohol overdose occurs when there is so much alcohol in the bloodstream that the areas of the brain controlling basic life-support systems—such as breathing, heart rate, and temperature control—begin to shut down.

Thursday, March 21

Some people think vaping is less dangerous than smoking cigarettes; however, nicotine in any form is highly dangerous. Also, e-cigarettes and vapes expose the lung to cancer-causing and toxic chemicals.

Friday March 22

Unintentional overdose death rates among youth aged 15-19 are on the rise. Many people are exposed to fentanyl without knowing because it can be mixed in with other street drugs.

DID YOU KNOW?

NBOE POLICY, SUBSTANCE ABUSE, & STATE LAW



The NBOE recognizes that the misuse of drugs, alcohol, tobacco, and steroids threatens the positive development of students and the welfare of our school community. We are committed to provide appropriate prevention and intervention for our students.
(18A:40A-10, NBOE Policy 5131.6)



Students who are suspected of being under the influence of any controlled dangerous substance will be required to be drug tested and medically examined **immediately** and a report of the examination must be provided within 24 hours. Students must be medically cleared to return to school.
(N.J.S.A. 18A-40A-12)



Refusal or failure to have your student examined is considered medical neglect. DCP&P will be contacted.
(N.J.A.C. 6A:16-4.4(d), N.J.S.A.9:6-1 et seq, N.J.A.C.6A:16-11)



Any NBOE staff who, in good faith, reports suspicion of a student being under the influence shall not be liable in civil damages.
(N.J.S.A.18A:40A-13 and 14)



NBOE is committed to providing students with awareness, intervention & resources regarding substance abuse to guarantee success inside and outside of school.

