



The Essex Pregnancy and Parenting Connection (EPPC) is part of the NJ Central Intake Initiative...partnering with families before and during pregnancy, infancy, and early childhood.

EPPC provides linkages to a range of family support services in Essex County. Referred clients will be contacted for additional information and then connected to needed resources and programs, including but not limited to:

- **Evidence-Based Home Visiting:** Offers free and voluntary in-home support to expecting families and those with young children; visits are tailored to the goals/needs of the family and include information and screenings on child development, parent-child and school-readiness activities, resources and referrals, and group activities.
- **Healthy Start:** Provides pregnant women and parents with children up to age 2 with health education workshops, case management and social services referrals, parent education, screening and counseling, and group activities.
- **Community Health Workers** (SPAN Improving Pregnancy Outcomes Initiative): Provide resources and referrals for various services, short-term case management, advocacy, peer mentor training, and education/support groups.
- **Family Success Centers:** Serve as local “one-stop” shops that provide wrap-around resources and supports for families before they find themselves in crisis.
- **Other health and social support programs:** Links to prenatal care, breastfeeding support, parent education groups such as Active Parenting, Circle of Security, Incredible Years, and more.

For any questions about this form or the referral process, please contact The Essex Pregnancy and Parenting Connection at

(973) 621-9157 or Text EPPC to 313131 or nino for Spanish to 313131

www.essexpregnancyandparenting.org

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