




Roger León
Superintendent

SEL/Mental Health Programming Supports

SY 2023-2024

	<p>RethinkEd</p> <p>The SEL platform that was purchased by the district is being utilized to address the needs of students, parents, and staff. Training continues with all School Counselors and Social Workers to address the needs of students in relation to the CASEL Standards. Results from the Student Self-Assessment were received and a more in-depth analysis will be conducted by district, SLT, and school to determine correlations between social-emotional learning, academics, and attendance. RethinkEd</p> <p style="text-align: right;">All NBOE Schools</p>
	<p>Rainbows for all Children</p> <p>School counselors and social workers continue to create small groups to support students experiencing loss from death divorce/separation, deployment, deportation, incarceration, and other trauma. Referrals come from Student Support Teams, school staff, parents/guardians, and information gleaned from Newark Cares notifications. Rainbows Services Overview</p> <p style="text-align: right;">All NBOE Schools</p>
	<p>Crisis Team</p> <p>The District Crisis Response Team’s mission is to assist with addressing mental health implications to reduce further distress or secondary crises and return to baseline functioning. The District Crisis Team is made of 21 members. These members received ongoing trauma-focused training. The crisis team had been deployed on several occasions to support students and faculty over the loss of a student. Additional training is being afforded to crisis team members in response to a suicide. The District Crisis Response Team follows a Response Team Manual.</p> <p style="text-align: right;">All NBOE Schools</p>



Mentor Newark

Works collaboratively with NBOE high schools to design, train, and provide ongoing support to build individualized and self-sufficient mentoring programs for grades 9-12. In addition to the school-based mentors, Mentor Newark connects schools with local corporations and organizations that provide additional mentoring opportunities based on school and/or student(s) interests and needs.

NBOE High School (Grades 9 - 12)



Safe and Supportive Schools

As part of the Supportive Schools grant, eight practicum Fairleigh Dickinson University students will continue to support our students. The Supportive Schools Newark grant cohort in SY 2023-2024 are Oliver Street, Elliot Street, Park School, Lincoln, Mt. Vernon, and South Seventeenth. Through the grant, the schools receive continuous support to implement the SEL curriculum. In October, Rethink hosted two training sessions where staff were reintroduced to the platform's library which houses lesson videos and guides for creating a Calming Corner and Therapeutic Learning Center.

Selected NBOE School Cohorts



McKinney Vento

The Office of Student Life launched the McKinney-Vento Resource Hour. Each session featured a different community agency to discuss strategies, resources, and information to support homeless/displaced students and families. The International Rescue Committee, Family Resource Center, Apostles' House I, and the Essex County Division of Community Action/Coordinated Entry presented this fall. School counselors, social workers, parent liaisons, and other staff were invited to attend. Supplemental resources were shared after each presentation with all school counselors, social workers, and parent liaisons.

Resources were distributed to each NBOE school to support McKinney Vento students. These items included hygiene kits, backpacks with school supplies, and uniform vouchers. Transportation arrangements were also arranged as needed.

All NBOE Schools



Newark Cares

School counselors and social workers continue to meet with students based on Newark Cares notifications provided by the Newark Police Department. These notifications alert support staff to students that have been exposed to a traumatic event. Individual and group sessions occur based on the needs of the student(s).

All NBOE Schools

Student & Youth-Based Mediation

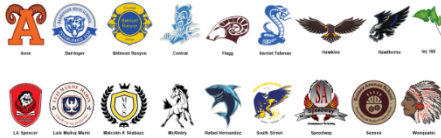


Student and Youth-Based Mediation

School counselors and social workers are working to develop peer mentoring in their schools to resolve student-to-student issues.

All NBOE Schools

Project Prevent



Project Prevent

All of the 18 Project Prevent schools have received support. All three cohorts have been able to receive an additional year(s) of services through the grant.

All schools have been attending monthly trainings focused on SEL and culturally relevant education. All schools have therapeutic Learning Centers. Rutgers Behavioral Health and Effective School Solutions is providing onsite clinicians to address the mental health of students, support to parents, and Professional Development to staff.

The three cohorts of schools Barringer, Flagg, Hawkins, Hawthorne, Malcolm X Shabazz, Rafael Hernandez, Belmont, Speedway, McKinley, South Street, Sussex Avenue, Weequahic, Avon, Spencer, Ivy Hill, Luis Munoz Marin, Harriet Tubman, Central High School.

Selected NBOE School Cohorts

Restorative Practices, Strategies, and Initiatives Padlet

Restorative Practices, Strategies, and Interventions

Restorative Practices are designed to create opportunities to promote inclusiveness, relationship-building and problem-solving skills. These strategies and information can be utilized for students and staff, as well as, in the classroom to teach skill sets that can restore but also attempt to prevent conflict and behavioral disruptions.

All NBOE Schools



Textlines & Mental Health Resources

Resource Directory for students, staff, and families that provides educational resources and contact information for community-based mental health agencies.

[Textlines & Mental Health Resources](#)

All NBOE Schools



Gaggle Therapy


Gaggle Therapy is an innovative solution that supports students' mental health and meets them where they are by providing ongoing teletherapy sessions. This program helps eliminate gaps in access to mental health support for students, ensuring students of all backgrounds and economic circumstances are able to receive support when needed.

All NBOE High Schools

Mental Health Resources Padlet

Mental Health Padlet

Mental Health Resources for the entire school community. In this resource you will find information about mental health, support groups, hotlines, adult space, and COVID Family

	<p>support. There is also a section that offers calming visualizations and sounds. This resource will be constantly updated with new information.</p> <p style="text-align: right;">All NBOE Schools</p>
<p>NBOE Mental Health Directory</p>	<p><u>NBOE Mental Health Directory</u></p> <p>A Mental Health Directory was created and is being reviewed and sent to print. The directory will provide NBOE Social Workers and School Counselors with community-based agencies and description of services.</p> <p style="text-align: right;">All NBOE Schools</p>
	<p><u>Linkage Program</u></p> <p>Linkage program assists families and schools connect with the services at PerformCare and Intensive In- Community Services for youth experiencing behavioral and mental health challenges. Many children are experiencing anxiety, depression, isolation, and fear. The Linkage program removes barriers from families getting in contact with Performcare by facilitating the referral process.</p> <p style="text-align: right;">All NBOE Schools</p>
<p>M/ND R/GHT</p>	<p><u>Mind Right</u></p> <p>Mind Right will provide culturally responsive and trauma-informed, mental health coaching over text messages. High School student participants will receive a personal mental health coaching team who proactively support 7 days/week, 365 days/year.</p> <p style="text-align: right;">NBOE High Schools (Grades 9-12)</p>



MAYASA

MAYASA is working with NBOE Social Worker 2s and School Counselors to provide staff with training and support with Student Support Team and I&RS evidenced based strategies and interventions. MAYASA is assisting with collecting data from all schools and creating individualized plans that will improve student outcomes while utilizing the I&RS process. MAYASA is assisting with the updating of the I&RS manual.

All NBOE Schools



Graduate School of Applied
and Professional Psychology

AWARE GRANT

This 5-year grant totals \$8,999,819 which averages about \$1.7 million each year. This grant was a collaborative effort by Dr. Reddy from Rutgers University, Director Mary Leigh Harvey, Office of Student Life, and Director Michelina Thornton, Office of Federal Programs and Grants Department.

Newark Public Schools will deepen their relationship with the NJ SEA, NJ SMHA, and Newark community mental health agencies to build a comprehensive tiered system of equitable mental health supports. Equity will be embedded in research-based tiered systems of support.

All NBOE Schools



SUPREME
COUNSELING

 Effective School Solutions



In School-Based Counseling Academic School Year:

In the Academic School Year 23/24 we will have 20 Clinicians - 4 per SLT providing students with psychotherapy. The Clinician will work with at least 36 different schools 5 hours a day. The clinician will provide staff with professional development and parent mental health awareness sessions. The clinician will take part in the Student Support Team Meetings, I&RS Meetings, 504 meetings, and CST that are relevant to the clinician's caseload. A referral process will be followed. The goal is to have an open and collaborative relationship with the clinician to make her feel part of the school community.



MBF Prevention Education Programs educate and empower children to protect them from abuse, bullying, and other types of victimization. To learn more about MBF's comprehensive, evidence-based prevention programs

- Camden Street Elementary School
- Hawkins Street Elementary School
- Dr. Horton Elementary School
- Mt. Vernon Elementary School
- Louise A. Spencer Elementary School



Memorandums of Understanding

For the Academic School Year 2023 -2024 the office of student life has MOUs with Main Street Counseling Center, Strong Minds, Boys and Girls Club, and Family Service Bureau. All these providers will be services to all Newark Board of Education students by providing mental health and social-emotional learning support. Main Street Counseling Center, Youth Development Clinic, and Family Service Bureau will provide individual and group counseling to students within the school building. The Boys and Girls Club will be our community partner for in-community mental health support for youth and families. Strong Minds partners with High Schools to provide group sessions to address anxiety and depression among students. ADAPT will provide Newark Public Schools students with two different substance prevention curriculum. The Middle School substance prevention curriculum is a 6-week program with 45 minute sessions. The topics will cover psychoeducation on substance use, vaping, and media control. It will also touch on resistance and coping skills for students. The High School curriculum is called PreVenture, which is an evidence-based prevention program that uses personality-targeted interventions to promote mental health and skill development and delay youth substance use. The ADAPT program will assist with finding an LCADC Clinician that will benefit our youth directly.