

Rethink Ed

& NPS Professional Development Offerings

Social Emotional Learning

Studies show that Social and Emotional Learning (SEL) provides tools to interrupt the systemic inequity within our schools and beyond by building strong, respectful relationships founded on an appreciation of similarities and differences, learning to critically examine the root causes of inequity, and developing collaborative solutions to community and societal problems.



The Collaborative for Academic, Social, and Emotional Learning (CASEL) defines SEL as the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions; set and achieve positive goals; feel and show empathy for others; establish and maintain positive relationships; and make responsible decisions.

Rethink Ed's Equity & Inclusion & Awareness of Self and Others Professional Learning

Rethink Ed SEL is a K–12 evidence-based program developed for every educator and student. Delivered on a digital platform and designed for easy implementation across learning environments, Rethink Ed provides a flexible and scalable solution that empowers educators to successfully integrate and build a culture around SEL and Equity into their schools.

Adult Professional Learning

- ♦ Independent learning modules covering Equity & Inclusion, and Social Emotional Learning
- ♦ Weekly PLC sessions that dive deeper into these critical topics, allow adult learners to explore their own strengths and needs, and to practice applying new or strengthened skills into their lives and learning environments. A calendar of offerings is listed in the chart on the next page.

Rethink Ed's Equity & Inclusion & Awareness of Self and Others Professional Learning

SEL and Equity Training Series

The Rethink Ed SEL and Equity Training Series provides information for educators and other adults who work with children to create climates in which students are respected and encouraged. Each module includes a video and resources to support adults in building culturally relevant and responsive learning environments that address inequity and implicit bias.

SEL Training Series

Key to any SEL program is the social and emotional development of its educators and adults who work with children. Rethink Ed SEL provides adult learning modules that focus on the social and emotional needs of adults. These modules align with the student lessons that focus on equity and inclusion.

Professional Learning Topics and Schedule

In the chart below, you will find the offerings for the various topics in the PLC Training Calendar. You can register to attend the training by clicking on the link that best fits your schedule.

SEL: Equity and Inclusion Professional Learning Cohort 3

PLC Topic: Culturally Relevant Teaching Strategies	PLC Topic: Addressing Injustice	PLC Topic: Leveraging SEL to Promote Equity	PLC Topic: The Impact of Implicit Bias
May 4 th 3:30 – 4:30	May 6 th 3:30 – 4:30	May 11 th 3:30 – 4:30	May 13 th 3:30 – 4:30
Culturally Relevant Teaching Strategies	Addressing Injustice	Leveraging SEL to Promote Equity	The Impact of Implicit Bias

SEL: Awareness of Self and Others Professional Learning

PLC Topic: Self-Knowledge	PLC Topic: Emotions	PLC Topic: Values	PLC Topic: Wants and Needs
May 18 th 3:30 – 4:30	May 20 th 3:30 – 4:30	June 1 st 3:30 – 4:30	June 3 rd 3:30 – 4:30
Self-Knowledge	Emotions	Values	Wants and Needs