

REGISTRATION FORM

Please register for two of the workshops listed by returning the registration form to the school, calling 973-705-3820 or e-mail creyes@nps.k12.nj.us.

Please register by April 20, 2018.

Parent/Relative:

Name _____

Student's Name (if applicable) _____

Phone Num. _____

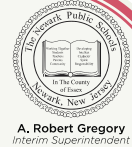
E-mail: _____

Yes, I will attend ____

Session 1 ____

Session 2 ____

Newark Public Schools



NEW JERSEY REGIONAL DAY SCHOOL
Jennifer Mitchell • Principal



“BE INFORMED, BE PREPARED, AND BE
EMPOWERED”

AN EVENING FOR CAREGIVERS AT
NJ REGIONAL DAY SCHOOL

THURSDAY, APRIL 26, 2018

5:30 PM - 7:30 PM

5:30 - 6:00 PM - DINNER

DISPLAYING MY FEELINGS THROUGH ART
(CHILDREN'S ACTIVITY/6:00—7:30 PM)

6:00 - 7:30 - WORKSHOPS



334 Lyons Avenue • Newark, NJ 07112 • 973-705-3820 •
<http://www.nps.k12.nj.us/njr>

Workshops

(Choose two)

I. Title: Strategies for Protecting Our Students in Today's Technological World

Presenter: Timothy Nellegar

In this session we will focus on strategies and topics parents can discuss with their children, as well as things to look for to keep their children safe when they are engaged in using technology. We will touch on security, parental controls, social media and other topics in this always changing area. Parents are invited to come with questions for the question and answer session at the end of the session.

II. Title: Tools for Successful Transition to Work

Presenter: Greg Makely and Amira Hassan,
Community Work Incentives

Do work and SSI or SSDI benefits mix? The answer is yes! Participants will be given an overview of Social Security Work Incentives that are designed to allow beneficiaries of Supplemental Security Income (SSI), Medicaid, Social Security Disability Insurance (SSDI) and Medicare control the loss of these benefits for as long as they are needed while starting, continuing or increasing work efforts.

III. Title: This is how I feel. . . Can you listen to me? (Sibling workshop ages 10—15)

Presenters: Diana Facundo, NJRDS Behaviorist

Believing that brothers and sisters have much to offer one another if they are given a chance; the siblings workshop mixes information and discussion with games and fun activities.

IV. Title: Yoga and Social Emotional Learning

Presenter: Sharon Manner (Founder Ashrams for Autism & Samadhi Sun) and Dr. Marc Rosenbaum

You are invited to participate in an interactive Social Emotional Learning Workshop that will help parents explore effective ways of communicating and listening. Parents will also enjoy a time to care for themselves through Yoga's gentle movement techniques. Yoga has major benefits and can be excellent form of stress reduction!

V. Title: Screen Time & Speech Language Development

Presenters: Monica DaSilva, Simone Peixoto,
and, Christina Dixon

Speech-language therapists will review the impact of excessive screen time on speech-language development. Ways to effectively utilize visuals and language to assist with transitions into and out of screen time for students will also be explored.

VI. Title: Fire Safety

Presenter: Captain Gary Holmes and Bradford

As a parent, it's important to know that there are specific things that can be done to increase the level of fire safety in your home. This is a great opportunity for you to learn practical safety tips to keep into consideration.