



Planned Parenthood of Metropolitan New Jersey Education Department

In collaboration with Newark Board of Education

Professional Development Opportunity:

Ever feel like sex ed is out of your comfort zone?

We've got you covered!

Talking about sex and sexuality doesn't have to be awkward. It can be empowering, affirming, and fun for students AND instructors!

Join us for 4 virtual skills-building sessions:

Intro to Sexuality

Wed, March 20, 4:00-5:00pm

Comprehensive Sex Ed (CSE) involves the exploration of values, culture, and understanding of sexuality as more than just the act of s-e-x.

[Register by clicking here](#)

Answering Tough Questions

Wednesday, March 27 4:00-5:00pm

Confidence and proficiency are essential to be able to handle controversial topics. The more we talk about them, the more comfortable we'll be!

[Register by clicking here](#)

One \$15 Starbucks gift card will be raffled at each session!

Registration is required. Please be sure to register for each interested session.

Building Trauma-Informed & Safer Spaces

Thurs, March 21, 4:00-5:00pm

Intentionally creating spaces for people to feel safe talking about uncomfortable topics, without shame, judgment, or re-traumatization will make sex ed easier for everyone involved.

[Register by clicking here](#)

Health Services for Teens

Thursday, March 28 4:00-5:00pm

PPMNJ has two health centers right here in Newark you can refer teens to! PPMNJ is also a Provider in the Adolescent Health Services Referral Guide. Learn more about the services we offer and how to make an appointment for a minor.

[Register by clicking here](#)



Planned Parenthood of
Metropolitan New Jersey

www.ppmnj.org

Questions? Email
sex.education@ppmnj.org



Newark
Board of Education
Roger León, Superintendent

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