

Introducing Aggression in America's Schools

Course Descriptions: Students will learn the following 4 skills. Model how to use them in aggressive school situations, and learn how to create a safe outcome. Students will discuss various serious events that resulted in unfortunate outcomes as a result of aggression.

- Following Instructions
- Using Self Control
- Responding to teasing
- Keeping out of fights

Week 1-2: Introduction of America's Schools:
a) Policies and Procedures

Week 3-4: Introduction of America's Schools
b) Roles and Responsibilities

Week 5-6: Introduction of America's Schools
c) Rules and Regulations

Week 7-8: Introduction of America's Schools
d) Climate and school culture

Week 9-10: Introduction of America's Schools
e) Creating a Safer & Drug Free Environment

Week 11-12: Introduction of America's Schools
f) Following Instructions

Week 13-14: Introduction of America's Schools
g) Using/applying Self Control

Week 15: Introduction of America's Schools
h) Responding to Teasing

Week 16: Introduction of America's School
i) Keeping out of fights

Student outcomes: Students will be introduced to Skills training, Skills Training Methods and Skills Training Actions. Ideas (Piece quilt, write and or produce a play, write poems of peace).

Questions:

- 1) What does a safe school environment look like?
- 2) Do you think schools should be a safe place for all students
- 3) Why should you tell an adult when another student is angry and or upset?