



Speedway Academies
 701 South Orange Avenue
 Newark, NJ 07106
 Main: (973)374-2740 | Fax: (973) 374-2152
 Email: speedwayacademies@gmail.com

January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 No School New Year's Day 2019	2	3	4	5
6	7 Nov/Dec Academic Challenge Field Trip to Branch Brook Park Skating 	8	9	10	11	12 Debate Tournament 
13	14	15	16	17	18 Vocabulary Bowl Grade 3-4	19
20	21 No School Dr. MLK Jr's Birthday 	22 Newark Board of Education Meeting @ Mount Vernon School	23	24 PTO Meeting 1:40 PM Grade 5 Assembly "Esperanza Rising" 2 PM 	25	26
27	28	29	30 No School Staff Development Day #5	31		

**NEWARK BOARD OF
EDUCATION**

**Elementary Lunch
Menu
January 2019**



Menu is subject to change due to:
Weather, Calendar Changes,
Administrative Directive,
Equipment Malfunction and/or
Product Availability

Daily Offerings

**Turkey & Cheese
Cheese Sandwich
PB & J Sandwich
Fruit & Yogurt
Parfait**

January 2019

Mon	Tue	Wed	Thu	Fri
	1 Holiday New Year's Day Schools & Central Of- fice Closed	2 Mini Hot Dogs (2) Texas Ranch Beans 3/4 cup Fresh Pear Chocolate Chip Cookies (2) Ketchup, Mustard 1/2 Pt. L.F. Assorted Milk	3 Cheeseburger on Bun (USDA) Potato Wedges (USDA) 3/4 cup Fresh Orange Ketchup, Honey Mustard 1/2 Pt. L.F. Assorted Milk	4 Pizza (Nardone) Green Beans 3/4 cup Assorted Grapes 1/2 cup 1/2 Pt. L.F. Assorted Milk
7 Turkey Cheese Lasagna Roll Sauté Green Beans 3/4 c Fresh Banana 1/2 Pt. L.F. Assorted Milk	8 Oven Fried Drumstick Glazed Carrots 3/4 c Toasted Garlic Bread Fresh Red Delicious Apple 1/2 Pt. L.F. Assorted Milk	9 Mini Hot Dogs (2) Texas Ranch Beans 3/4 cup Fresh Pear Oatmeal Raisin Cookies (2) Ketchup, Mustard 1/2 Pt. L.F. Assorted Milk	10 DELicious Day Turkey Breast, Turkey Ham American Cheese WW Sliced OR WW Hamburger Bun Assorted Sun Chips & Funyuns Corn Salad (3/4 Cup) Fresh Orange Mayo, Mustard, Oil, Vinegar 1/2 Pt. L.F. Assorted Milk	11 Fish Sticks (4) (USDA) Green Beans 3/4 cup Assorted Grapes 1/2 cup Kettle Corn (1 Bag) Dinner Roll Ketchup, Tartar Sauce 1/2 Pt. L.F. Assorted Milk
14 (USDA) Penne Pasta 1/2 C (USDA) Mozzarella Cheese (2oz) Sauté Spinach 3/4C Fresh Banana 1/2 Pt. L.F. Assorted Milk	15 (USDA) Chicken Fajita WW Wrap (USDA) Peppers & Onions Black Beans 3/4 cup (USDA) Peaches 1/2 C 1/2 Pt. L.F. Assorted Milk	16 (USDA) Cheeseburgers (USDA) Swt. Potato Fries 1/2 C Fresh Pear Peanut Butter Cookie (2) Ketchup 1/2 Pt. L.F. Assorted Milk	17 Chicken Nuggets (4) (USDA) Potato Wedges 3/4 C Cheez-Its (1 Bag) (USDA) Strawberry Cup Fresh Orange Ketchup 1/2 Pt. L.F. Assorted Milk	18 Pizza (Nardone) (USDA) Green Beans 3/4 cup Assorted Grapes 1/2 cup 1/2 Pt. L.F. Assorted Milk
21 Holiday Dr. Martin L. King Jr's Birthday Schools & Central Office Closed	22 (USDA) Oven Roasted Chicken (USDA) Sweet Peas 3/4c (USDA) Rice 1/2 c Fresh Red Delicious Apple Pound Cake 1/2 Pt. L.F. Assorted Milk	23 (USDA) Turkey Chili Corn Bread Slice Bread Bowl Texas Ranchero Beans 3/4 c Fresh Pear 1/2 Pt. L.F. Assorted Milk	24 DELicious Day Turkey Breast, Turkey Ham American Cheese WW Sliced OR WW Hamburger Bun Assorted Sun Chips & Funyuns Corn Salad (3/4 Cup) Fresh Orange Mayo, Mustard, Oil, Vinegar 1/2 Pt. L.F. Assorted Milk	25 Fish Sticks (4) (USDA) Glazed Carrots 3/4 cup Assorted Grapes 1/2 cup Kettle Corn (1 Bag) Dinner Roll Ketchup, Tartar Sauce 1/2 Pt. L.F. Assorted Milk
28 Grilled Cheese Marinara Sauce Cup Garden Salad 1 1/4 c Fresh Banana Salad Dressing 1/2 Pt. L.F. Assorted Milk	29 General TSO Chicken Brown Rice 3/4 c Broccoli 3/4 c Fresh Delicious Apple 1/2 Pt. L.F. Assorted Milk	30 Staff Development Day Schools Closed	31 (USDA) Beef Chili Sweet Corn 3/4 c Sweet Potato Roll Fresh Orange 1/2 Pt. L.F. Assorted Milk	

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