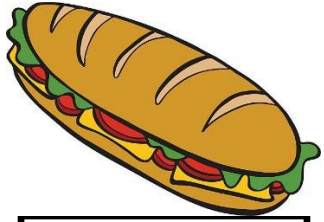


Newark Board of Education

Secondary Cycle Deli & Salad Menu 2021 - 2022



Menu is subject to change due to:

Weather, Calendar Changes, Administrative Directive,

Equipment Malfunction and/or Product Availability



Monday	Tuesday	Wednesday	Thursday	Friday
DELI				
Turkey Ham & Provolone Cheese on French Roll Seasoned Black Beans Salad 1cup Sun Chips Fresh Red or Green Apple ½ Pt. L.F. Milk Alternate: PBJ, Egg Salad	Turkey and Cheese on Kaiser with Shredded lettuce & sliced Tomato Fresh Baked Cookies (2) Carrot Sticks (12) c w/Ranch Dressing Fresh Orange Mixed Fruit Cup ½ Pt. L.F. Milk Condiments Alternate: PBJ, Egg Salad	Hot Pastrimi and Cheese on French Roll Romaine Salad 2 c Sun Chipss Fresh Pear ½ Pt. L.F. Milk Condiments Alternate: PBJ, Egg Salad or Assorted Cheese	Assortd Deli on Hero w/ Shredded Lettuce & Tomato Seasoned Corn Salad 1 c Funyons Fresh Grapes 1c ½ Pt. L.F. Milk Condiments Alternate: PBJ, Egg Salad or Assorted Cheese	Tuna On Hero Roll w/ Shredded Lettuce & Sliced Tomato Tossed Salad 2 c SunChips Fresh Fruit ½ Pt. L.F. Milk Condiments &Salad Dressing Alternate: PBJ, Egg Salad or Assorted Cheese
SALAD				
Salad Bar Assorted Lettuce(Romaine, Spinach, Iceberg) Grape Tomatoes Cucumbers Beans Hard Boiled Eggs (2) Diced Chicken 2oz Tuna Salad 2oz Taco Seasoning Mix (2) Assortd Cheeses Croutons Saltine Crackers Assorted Yogurt Parfait Sun Chips Assorted Salad Dressing Fresh Red or Green Apple ½ Pt. L.F. Milk	Salad Bar Assorted Lettuce(Romaine, Spinach, Iceberg) Grape Tomatoes Cucumbers Beans Hard Boiled Eggs (2) Diced Chicken 2oz Tuna Salad 2oz Taco Seasoning Mix (2) Assortd Cheeses Croutons Saltine Crackers Assorted Yogurt Parfait Sun Chips Assorted Salad Dressing Fresh Orange Mixed Fruit Cup ½ Pt. L.F. Milk	Salad Bar Assorted Lettuce(Romaine, Spinach, Iceberg) Grape Tomatoes Cucumbers Cucumbers Beans Hard Boiled Eggs (2) Diced Chicken 2oz Tuna Salad 2oz Taco Seasoning Mix (2) Assortd Cheeses Croutons Saltine Crackers Assorted Yogurt Parfait Sun Chips Assorted Salad Dressing Fresh Pear ½ Pt. L.F. Milk	Salad Bar Assorted Lettuce(Romaine, Spinach, Iceberg) Grape Tomatoes Cucumbers Cucumbers Beans Hard Boiled Eggs (2) Diced Chicken 2oz Tuna Salad 2oz Taco Seasoning Mix (2) Assortd Cheeses Croutons Saltine Crackers Assorted Yogurt Parfait Sun Chips Assorted Salad Dressing Fresh Grapes 1c ½ Pt. L.F. Milk	Salad Bar Assorted Lettuce(Romaine, Spinach, Iceberg) Grape Tomatoes Cucumbers Cucumbers Beans Hard Boiled Eggs (2) Diced Chicken 2oz Tuna Salad 2oz Taco Seasoning Mix (2) Assortd Cheeses Croutons Saltine Crackers Assorted Yogurt Parfait Sun Chips Assorted Salad Dressing Fresh Fruit ½ Pt. L.F. Milk
<small>The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html or any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.</small>				