

Newark Board of Education

May 2022 Elementary Lunch Menu



Menu is subject to change due to:
Weather, Calendar Changes, Administrative Directive, Equipment Malfunction and/or Product Availability



Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Nuggets (4) Tater Tots 3/4 c Dinner Roll Fresh Red or Green Apple USDA) ½ Pt. L.F. Milk Ketchup	3 Holiday Eid-al-Fitr	4 Sloppy Joe on Bun (USDA) Vegetarian Beans ¾ c (USDA) Sun Chips Fesh Pears (USDA) ½ Pt. L.F. Milk	5 Oven Roasted Chicken (USDA) Broccoli ¾ c Dinner Roll Fresh Banana ½ Pt. L.F. Milk	6 Individual Pizza Round Green Beans 1c (USDA) Diced Peaches ½ c (USDA) ½ Pt. L.F. Milk Salad Dressing
9 Spaghetti & Meatsauce 2 oz. (USDA) Italian Cheesy Bread 2oz. Broccoli ¾ c Fresh Red or Green Apple ½ Pt. L.F. Milk	10 Chicken Fajita w/Onions & Peppers over Rice (USDA) Carrot Sticks w/Ranch Dressing (USDA) Fresh Orange ½ Pt. L.F. Milk Salsa	11 Beef Hot Dog on Bun Vegetarian Beans ¾ c (USDA) Fresh Pear ½ Pt. L.F. Milk Ketchup & Mustard	12 Mac N Cheese 6 oz Seasoned Green Peas ¾ c (USDA) Choc. Chip Cookies (2) Fresh Banana ½ Pt. L.F. Milk	13 Fish Sticks (4) Green Beans ¾ c Kettle Corn Popcorn Diced Peaches ½ c (USDA) ½ Pt. L.F. Milk Ketchup & Tarter Sauce
16 Chicken Strips (4) (USDA) Tater Tots ¾ c Dinner Roll Fresh Red or Green Apple USDA) ½ Pt. L.F. Milk Ketchup	17 Grilled Cheese Corn ¾ c (USDA) Fresh Orange ½ Pt. L.F. Milk	18 Sloppy Joe on Bun (USDA) Vegetarian Beans ¾ c (USDA) Sun Chips Fesh Pears (USDA) ½ Pt. L.F. Milk	19 Oven Roasted Chicken (USDA) Broccoli ¾ c (USDA) Dinner Roll Strawberry Cup (USDA) ½ Pt. L.F. Milk	20 Individual Pizza Round Green Beans 1c (USDA) Diced Peaches ½ c (USDA) ½ Pt. L.F. Milk Salad Dressing
23 Spaghetti & Meatsauce 2 oz. (USDA) Italian Cheesy Bread 2oz. Broccoli ¾ c Fresh Red or Green Apple ½ Pt. L.F. Milk	24 Chicken Fajita w/Onions & Peppers over Rice (USDA) Carrot Sticks w/Ranch Dressing (USDA) Fresh Orange ½ Pt. L.F. Milk Salsa	25 Beef Hot Dog on Bun Vegetarian Beans ¾ c (USDA) Fresh Pear ½ Pt. L.F. Milk Ketchup & Mustard	26 Mac N Cheese 6 oz Seasoned Green Peas ¾ c (USDA) Choc. Chip Cookies (2) Fresh Banana ½ Pt. L.F. Milk	27 Fish Sticks (4) Green Beans ¾ c Kettle Corn Popcorn Diced Peaches ½ c (USDA) ½ Pt. L.F. Milk Ketchup & Tarter Sauce
30 Holiday Memorial Day	31 Cheese Burger (USDA) on a WW Hamburger Bun Oven Roasted Potatos ¾ c (USDA) Fresh Orange ½ Pt. L.F. Milk Ketchup			

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html or any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.