

Newark Board of Education

March 2020 Secondary Breakfast Menu



Menu is subject to change due to:
Weather, Calendar Changes, Administrative Directive,

Breakfast Cart Daily Offerings

Asst. Cereals Raisins
Asst. Pop Tarts Craisins
Asst. Donuts Uncrustables
Asst. Nutragrains
Graham Crackers
Asst. Fruit
Yogurt Parfaits
Oatmeal w/Raisins,
Craisins, Brown Sugar
Hominy Grits w/Cheddar
Cheese, Sugar Packets,
Hot Sauce

Monday	Tuesday	Wednesday	Thursday	Friday
2 Apple Cinn Texas Toast Kiwi Strawberry Juice Fresh Fruit Bowl ½ Pt. L.F. Assorted Milk	3 Breakfast Bowl Scramble Eggs 2oz. Cheddar Cheese 2 oz. Ground Turkey 2oz. Tater Gems 4 oz. Fruit Bowl ½ Pt. L.F. Assorted Milk	4 French Toast (4 Slices) Wm Strawberries 4 oz. A&E Orange /Tangerine Juice ½ Pt. L.F. Assorted Milk Syrup	5 Buttermilk Pancakes (2) Wm Blueberries 4 oz. Raisins ½ Pt. L.F. Assorted Milk Butter, Syrup	6 Fresh Baked Muffin Bar Assorted Yogurt Cup Honey Graham Crackers Fresh Fruit Basket ½ Pt. L.F. Assorted Milk
9 Buttery Croissant Chicken Sausage Patty Strawberry Craisins Grape Juice ½ Pt. L.F. Assorted Milk Ketchup	10 Hard Boiled Eggs (2) Sliced Wheat Toast Fresh Banana Craisins ½ Pt. L.F. Assorted Milk	11 Staff Development Day #5	12 Chicken N Biscuit Buttermilk Biscuit Breaded Chicken Filet Fresh Apple ½ Pt. L.F. Assorted Milk Ketchup	13 Fresh Baked Muffin Bar Sliced Wheat Toast (2 Slices) Fresh Fruit Basket ½ Pt. L. F. Assorted Milk Butter, Jelly
16 Apple Cinn Texas Toast Kiwi Strawberry Juice Fresh Fruit Basket ½ Pt. L.F. Assorted Milk	17 Buttermilk Pancakes (2) Scrambled Eggs 2 oz. Raisins  ½ Pt. L.F. Assorted Milk Butter, Syrup	18 Breakfast Burrito Wrap (Eggs, Cheddar Cheese, Home Fries) Fresh Fruit Basket ½ Pt. L.F. Assorted Milk	19 Turkey Sausage Links (3) Cheese Toast (1) Sliced Wheat Bread (1) Fresh Fruit Basket ½ Pt. L.F. Assorted Milk Ketchup	20 Fresh Baked Muffin Bar Assorted Yogurt Cup Goldfish Graham Cracker Fresh Fruit Basket ½ Pt. L.F. Assorted Milk
23 Buttery Croissant Chicken Sausage Patty Strawberry Craisins Grape Juice ½ Pt. L.F. Assorted Milk Ketchup	24 Scrambled Eggs 4 oz w/Spinach WW Toast (1) Fresh Fruit Basket ½ Pt. L.F. Assorted Milk	25 French Toast (4 Slices) Wm Strawberries 4 oz. A&E Orange /Tangerine Juice ½ Pt. L.F. Assorted Syrup	26 Protein Parfait Bar Vanilla or Strawberry Yogurt 4 oz. Strawberries, Blueberries 4 oz. Granola 2 oz. Keebler Graham Cracker Fresh Fruit Basket ½ Pt. L. F. Assorted Milk	27 Hard Boiled Eggs (2) Sliced Wheat Toast (1 Slices) Fresh Fruit Basket ½ Pt. L. F. Assorted Milk Butter, Jelly
30 Sliced Cheese Toast (2) Hot Turkey Ham Fresh Banana Grape Juice ½ Pt. L.F. Assorted Milk	31 Breakfast Bowl Scrambled Eggs 2 oz. Cheddar Cheese 2 oz. Ground Turkey 2oz. Tater Gems 4 oz. Fruit Bowl ½ Pt. L.F. Assorted Milk			

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