

Newark Board of Education

March 2020 Elementary Lunch Menu



*Happy
St. Patrick's
Day*

Menu is subject to
change due to:

Weather, Calendar
Changes, Administrative
Directive,

Equipment Malfunction
and/or Product
Availability

Daily Offerings
Turkey & Cheese
Cheese Sandwich
PB & J Sandwich
Fruit & Yogurt
Parfait

Monday	Tuesday	Wednesday	Thursday	Friday
2 Rigatoni (½ c) Chunky Marinara Sauce (¼ c) Steamed Spinach ¾ c Crisp Apple (Red, Green) ½ Pt. L.F. Assorted Milk	3 Chicken Nuggets (5) Mashed Potatoes w/Gravy ¾ c Asst. Sun Chips Fresh Orange ½ Pt. L.F. Assorted Milk Ketchup, BBQ Sauce	4 Cheeseburger Vegetarian Beans ¾ c Asst. Grapes ½ c ½ Pt. L.F. Assorted Milk	5 Breaded Chicken Fillet on Ultra Hamburger Bun Sweet Potato Fries ¾ c Asst. Pears (Bartlett, Bosc) ½ Pt. L.F. Assorted Milk Ketchup	6 Fresh Baked Pizza Green Beans ¾ c Assorted Fresh Fruit ½ Pt. L.F. Assorted Milk Salad Dressing
9 Rigatoni (½ c) Chunky Marinara Sauce (¼ c) Steamed Spinach ¾ c Crisp Apple (Red, Green) ½ Pt. L.F. Assorted Milk	10 Chicken Nuggets (5) Mashed Potatoes w/Gravy ¾ c Asst. Sun Chips Fresh Orange ½ Pt. L.F. Assorted Milk Ketchup, BBQ Sauce	11 Staff Development Day #5	12 Breaded Chicken Fillet on Ultra Hamburger Bun Sweet Potato Fries ¾ c Asst. Pears (Bartlett, Bosc) ½ Pt. L.F. Assorted Milk Ketchup	13 Fresh Baked Pizza Green Beans ¾ c Assorted Fresh Fruit ½ Pt. L.F. Assorted Milk Salad Dressing
16 Rigatoni (½ c) Chunky Marinara Sauce (¼ c) Steamed Spinach ¾ c Crisp Apple (Red, Green) ½ Pt. L.F. Assorted Milk	17 Chicken Nuggets (5) Mashed Potatoes w/Gravy ¾ c Asst. Sun Chips Fresh Orange  ½ Pt. L.F. Assorted Milk Ketchup, BBQ Sauce	18 Cheeseburger Vegetarian Beans ¾ c Asst. Grapes ½ c ½ Pt. L.F. Assorted Milk	19 Breaded Chicken Fillet on Ultra Hamburger Bun Sweet Potato Fries ¾ c Asst. Pears (Bartlett, Bosc) ½ Pt. L.F. Assorted Milk Ketchup	20 Fresh Baked Pizza Green Beans ¾ c Assorted Fresh Fruit ½ Pt. L.F. Assorted Milk Salad Dressing
23 Rigatoni (½ c) Chunky Marinara Sauce (¼ c) Steamed Spinach ¾ c Crisp Apple (Red, Green) ½ Pt. L.F. Assorted Milk	24 Chicken Nuggets (5) Mashed Potatoes w/Gravy ¾ c Asst. Sun Chips Fresh Orange ½ Pt. L.F. Assorted Milk Ketchup, BBQ Sauce	25 Cheeseburger Vegetarian Beans ¾ c Asst. Grapes ½ c ½ Pt. L.F. Assorted Milk	26 Breaded Chicken Fillet on Ultra Hamburger Bun Sweet Potato Fries ¾ c Asst. Pears (Bartlett, Bosc) ½ Pt. L.F. Assorted Milk Ketchup	27 Fresh Baked Pizza Green Beans ¾ c Assorted Fresh Fruit ½ Pt. L.F. Assorted Milk Salad Dressing
30 Rigatoni (½ c) Chunky Marinara Sauce (¼ c) Steamed Spinach ¾ c Crisp Apple (Red, Green) ½ Pt. L.F. Assorted Milk	31 Chicken Nuggets (5) Mashed Potatoes w/Gravy ¾ c Asst. Sun Chips Fresh Orange ½ Pt. L.F. Assorted Milk Ketchup, BBQ Sauce			

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html or any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.